



The Lunchbox

Market & Cafe



lunchboxknox



lunchboxknoxville

JANUARY 2012

2 CLOSED, Happy New Year!	3 Loaded Baked Potato *Tomato Basil	4 *Chicken Noodle Cream of Cauliflower	5 Chicken Gumbo *Lentil	6 Clam Chowder *Minestrone
9 *Vegetable Beef Broccoli Cheese	10 Chicken Florentine *Black Bean & Rice	11 *White Chili *Hearty Vegetable	12 *Chicken Rice Mushroom *Corn Chowder	13 Chicken Gumbo *Split Pea
16 *Beef & Barley *15 Bean	17 *Turkey Vegetable Cream of Mushroom	18 Loaded Baked Potato *Tomato Basil	19 *Chicken Noodle Cheesy Tomato	20 Chicken Florentine *Lentil
23 Chicken Gumbo *Cream of Potato	24 *Vegetable Beef Broccoli Cheese	25 *White Chili *Hearty Vegetable	26 *Minestrone *Corn Chowder	27 *Chicken Rice Mushroom *Split Pea
30 *Turkey Vegetable *Black Bean & Rice	31 Chicken Florentine *Tomato Basil	1 *Beef & Barley Cheesy Tomato	2 Chicken Gumbo Clam Chowder	3 *Chicken Noodle *Cream of Potato

*Signifies a hearty healthy option

SANDWICHES & WRAPS

- Smoked Turkey on Wheat 5.40
- Walnut Chicken Salad Pita 5.70
- Salad Sandwiches (Chicken, Light Chicken, Ham, Tuna, Egg, Pimento Cheese, Cream Cheese and Cucumber) 4.35
- Peanut Butter and Jelly 3.65
- Weekly Wrap Special
- Sandwich Special (prices vary)

Sandwich fillings: 4.75/half pint, 8.90/pint, 17.60/quart

SOUPS & CHILI

- Two daily-featured soups or Gazpacho: 2.65 cup, 3.95 bowl, 7.65 quart
- Red Chili 2.95 cup, 4.50 bowl, 8.50 quart

REAL DEAL MEALS

- Box Lunch w/ Chicken Salad Sandwich 7.25
- Cup of Soup and Tossed Salad 5.25
- Fruit and Scoop w/ Chicken Salad or Tuna Salad 6.95
- Soup and Sandwich 6.25

****Add .40 with chili**

SPECIALTY SALADS

Daily featured salad specials

- Taco Salad (includes fritos, cup of red chili, salsa & sour cream) 7.75
- Fajita Chicken Salad 7.30
- Salad Plus 7.30
- Cobb Salad 7.75
- Caesar Salad w/ Roasted Chicken and Croutons 7.30
- Strawberry Market Salad 6.60
- Tossed Salad 3.10
- Salad Special of the Week (prices vary)

SIDES

- Twice Baked Potato 3.40
- Roasted Vegetables 2.50
- Macaroni & Cheese 2.20
- Fresh Fruit Salad 2.90
- Very Berry Salad 3.10
- Pasta Salad 2.10
- Mom's Potato Salad 2.10
- Side of the day 2.95

www.LunchboxEventCatering.com

9050 Cross Park Dr.
Phone 690-5040, Fax 769-4273
M-F 8am-5:30pm

1225 E. Weisgarber Rd. #170
Phone 602-2232, Fax 602-2290
M-F 8am-3pm

2250 Sutherland Ave. #125
Phone 545-4545, Fax 545-4556
M-F 10am-3:00pm

607 Market St., BankEast Building
Phone 525-7421, Fax 637-6712
M-F 10am-3pm

ENTREES

Daily Featured Entrée Specials

- Spaghetti w/ Meat Sauce 5.50
- Meat or Vegetable Lasagna 5.75
- Chicken Tetrazzini 5.50
- Chicken Enchiladas w/ Spanish Rice 6.50
- Spinach Enchiladas w/ Spanish Rice 6.50
- Two Serving Chicken or Spinach Enchiladas 9.50

****Family size portions available***

BREAKFAST

-An assortment of homemade biscuit sandwiches, yogurts, juices, and muffins: pumpkin, blueberry, banana nut, and apple walnut are always available.

****FRESH BREWED ICED TEA, COFFEE, AND FOUNTAIN DRINKS 1.59**

DESSERT

- Cookies, Brownies, Pecan Bars 1.60/pack, 8.15/doz.
- Chocolate Cream Cheese Cupcakes 1.50/ea, 16.00/dozen
- Pound cake slice 1.45
- By-the-Slice pies and cakes 3.25
- **Whole pies and cakes available daily**